

# CALL FOR APPLICATIONS

## Support for supporters

### **Financial support for counselling sessions for people working with media professionals who are exiled and under threat**

Target group: Supporters of potentially traumatised exiled and/or at-risk media professionals in Germany

These include:

- Programme managers from organisations that advocate for press and media freedom and freedom of opinion and support (potentially) traumatised media professionals
- Employees, managers and coordinators of non-profit projects and institutions that support (potentially) traumatised media professionals
- Individuals and volunteers who support (potentially) traumatised media professionals

The European Centre for Press and Media Freedom (ECPMF) supports supporters of exiled and/or threatened media professionals in Germany. We facilitate professional counselling sessions to strengthen their own resilience and the skills needed for trauma-sensitive work. We cover the costs or subsidise counselling sessions up to a maximum of 500€ per application.

Possible forms of counselling:

- Individual coaching
- Team sessions
- Group sessions (including cross-organisational groups)

Procedure:

- Please inform yourself about suitable counselling offers within Germany before submitting your application.
- Send your application as a pdf file with the subject "Application for Counselling" by 15 July 2021 to [support@ecpmf.eu](mailto:support@ecpmf.eu) or via Signal to +49 176 43839637.
- All applications will be reviewed and, if applicable, approved by external therapists who are bound to professional confidentiality by 15 August 2021. Afterwards, you will receive feedback from us.
- After approval, the counselling sessions can begin. If there are any deviations from the application, please discuss them with us in advance.
- Please submit all invoices (addressed to: European Center for Press and Media Freedom, Menckestraße 27, 04229 Leipzig) promptly, but no later than February 28, 2022.

Application:

Name	
Institution	
Position/area of work	
Brief description of the field of work with regard to challenges in working with (potentially) traumatised media professionals	
Name and address of coach/therapist	
Number of sessions requested	
Costs per session	
Total amount requested (max. 500 euros)	
Period (from/to) in which the sessions will take place	
Date	
Signature	